Nestled within the heart of Lingfield Park Resort is our Spa & Leisure Club, offering a carefully selected range of treatments and therapies. Whether you choose to pop in for a quick shape and polish or opt for a Moroccan-inspired deep cleansing ritual in our new Hammam suite, you can be sure of a warm welcome.
## Discover

### Popular Express Treats

<table>
<thead>
<tr>
<th>Treatment</th>
<th>Duration</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>Back, Neck &amp; Shoulder Massage (25 mins)</td>
<td>25 mins</td>
<td>£45</td>
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<tr>
<td>Relieve everyday stress and tension with a relaxing back, neck and shoulder massage.</td>
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<tr>
<td>Invigorating Body Scrub (25 mins)</td>
<td>25 mins</td>
<td>£40</td>
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<tr>
<td>Gently slough away dead skin cells to invigorate your body and encourage healthy circulation.</td>
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<tr>
<td>Nourishing Scalp Massage (25 mins)</td>
<td>25 mins</td>
<td>£40</td>
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<tr>
<td>A warm and relaxing scalp massage to revitalise your hair and soothe your mind.</td>
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<tr>
<td>ELEMIS Power Booster Facial (25 mins)</td>
<td>25 mins</td>
<td>£40</td>
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<tr>
<td>This introductory facial provides a quick and instant pick me up for any occasion.</td>
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<tr>
<td>ELEMIS Garden of England Rose Restore Hand Treatment (25 mins)</td>
<td>25 mins</td>
<td>£35</td>
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<tr>
<td>A conditioning, restorative and anti-ageing hand treatment. Targets age spots and dryness.</td>
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<td></td>
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<tr>
<td>ELEMIS Best Foot Forward (25 mins)</td>
<td>25 mins</td>
<td>£35</td>
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<tr>
<td>Take a load off with this foot-focused tension releaser. Lower legs and feet are thoroughly exfoliated, bathed and massaged. Feet are left nourished, soft and smooth.</td>
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</tbody>
</table>
UNWIND

RELAXING ELEMIS SPA THERAPIES

ELEMIS Pro-Collagen Age Defy Facial (50 mins) £85
Tackle fine lines and wrinkles with this clinically proven age-defying facial. Targeted massage encourages optimum cellular function for nourished, younger looking skin.

ELEMIS Dynamic Resurfacing Precision Peel* (50 mins) £85
Clinically proven to target the signs of ageing and uneven skin tone, this pioneering precision treatment uses layers of enzymes for a powerful exfoliation and renewal. A new start for smoother, younger-looking skin.
* Patch test required 30 mins prior to treatment

ELEMIS Superfood Pro-Radiance Facial (50 mins) £70
A radiance boosting treatment rich in superfoods and essential minerals designed to pack stressed, dull skin with energising, detoxifying actives.
UNWIND

RELAXING ELEMIS SPA THERAPIES

ELEMIS Sensitive Skin Soother Facial (50 mins) £70
A soothing facial to help reduce the appearance of redness and protect against daily stresses. Skin is left supremely soothed, comfortable and calm.

TAILORED FOR MEN

ELEMIS High Performance Skin Energiser Facial (50 mins) £70
This multi-dynamic facial, specifically tailored for men will boost circulation, hydrate and revive. A deeply cleansing and energising experience.

ELEMIS Freestyle Deep Tissue Massage (50 mins) £75
Perfect to alleviate high stress levels. This vigorous workout for the body deeply relieves tension and encourages optimum circulation. Your therapist will select an aromatic oil according to your concerns, tailoring this treatment entirely to your needs, leaving you feeling grounded and focused.
UNWIND

RELAXING ELEMIS SPA THERAPIES

ELEMIS Body Nectar Nourishing Wrap (50 mins)  £70

Lusciously fragrant and intensely moisturising. This warm, cocooning body treatment provides mood-balancing aromatics and super-hydration whilst incorporating a soothing face, neck and scalp massage to promote deep relaxation.

ELEMIS Couture Touch Face & Body (50 mins / 1hr 50 mins)  £75 / £120

A personalised facial and deep tissue massage combination. Choose to ‘Discover’ for a top to toe boost or ‘Unwind’ for an all embracing hands-on experience.

ELEMIS Peaceful Pregnancy (50 mins / 1hr 50 mins)  £75 / £120

This beautifully reviving and specially formulated treatment combination gently soothes tired muscles and takes care of all your skin’s ever-changing needs during your pregnancy.
UNWIND
INDULGE

DEEP CLEANSING MOROCCAN-INSPIRED RITUALS

Rasul Ritual (40 mins)  £35 for one, £60 for two

Let us guide you through your deeply cleansing ritual, advising you step by step of the process you need to take before entering your own private steam chamber. Our Moroccan Mud Rasul will reduce dryness and impurities whilst improving skin elasticity – this treatment is great to do as a couple or with friends!

Traditional Hammam (50 mins)  £50

Your body is doused with warm water as a your Hammam therapist exfoliates away impurities combining new and century old techniques. Our natural, rich Moroccan black soap remedy will cleanse you from top to toe leaving your skin glowing. For best results, combine this treatment with a massage or facial.
Moroccan Escape (1 hr 50 mins)  £110

A restorative and relaxing Moroccan experience like no other. Inspired by centuries old ancestral ideology where your mind, body and skin will be purified during the ultimate bathing ritual. Your personal therapist will lead you through a journey to envelope your body in this highly effective treatment aiding to smooth and restructure skin tissue leaving you noticeably radiant and beautifully soft.

Full Body Massage (50 mins)  £65

Relax and re-energise tired aching muscles with a soothing full body massage.
## REFINE

### SPA ESSENTIALS

<table>
<thead>
<tr>
<th>Service</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Eyebrow Shape</td>
<td>£12</td>
</tr>
<tr>
<td>Eyebrow Tint</td>
<td>£12</td>
</tr>
<tr>
<td>Eyelash Tint</td>
<td>£18</td>
</tr>
<tr>
<td>Lash &amp; Brow Tint</td>
<td>£28</td>
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<tr>
<td>Lip / Chin Wax</td>
<td>£10</td>
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<tr>
<td>Under Arm Wax</td>
<td>£12</td>
</tr>
<tr>
<td>Bikini Wax</td>
<td>£18</td>
</tr>
<tr>
<td>1/2 Leg Wax</td>
<td>£25</td>
</tr>
<tr>
<td>Back / Chest</td>
<td>£28</td>
</tr>
<tr>
<td>Full Leg Wax</td>
<td>£35</td>
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</tbody>
</table>

*Please note that a patch test is required 24 hours prior to your tinting treatment.*
PERFECT

FINISHING TOUCHES

Shape & Polish (25 mins)  £25
Spa Manicure (50 mins)  £42
Spa Pedicure (50 mins)  £42
Gel Manicure (50 mins)  £48
Gel Pedicure (50 mins)  £48

Please note gel/acrylic nails will need to be removed prior to your appointment or additional time scheduled.
Brows by Mii (25 mins) £32
A professional eyebrow service, helping to create precision-perfect brows by tinting, waxing and finishing. Tailored to each and every face shape.

Kissed by Mii Tanning (50 mins) £35
Created with marine extracts, Kissed by Mii has taken the nourishing benefits of coral seaweed and coastal minerals, leaving your skin sublimely soft so your tan can develop beautifully.
SPA PACKAGES

Spa Access  £25 per person

Half Day  from £50pp*
Includes a glass of fizz and one 25-minute treatment. Choose from Power Booster Facial, Invigorating Body Scrub, Nourishing Scalp Massage, Shape & Polish.

Full Day  from £100pp*
Includes a two-course lunch, glass of fizz and two 25-minute treatments. Choose from Power Booster Facial, Invigorating Body Scrub, Nourishing Scalp Massage, Shape & Polish, Rose Restore Hand Treatment, Best Foot Forward.

* Weekend supplements apply

For special occasions or group spa bookings, please contact us directly to find out how we can tailor your visit to your needs.
MEMBERSHIP

Lingfield Park Resort is the perfect venue for sport and relaxation. Whichever membership you choose, you’ll get exclusive access, superb benefits and year-round savings.

Monthly or annual payment plans are available, please contact the spa for the latest pricing.

Personal Training Sessions
Individual or block session plans are available, for members and non-members.

Facilities
- Fitness Suite
- Indoor Spa Pool
- Whirlpool Bath
- Sauna
- Steam Room
- Experience Shower
- Ice Fountain

Peak +
6am-9pm, Mon-Sun
- One monthly Personal Training Session & Wellbeing Plan or 50-minute treatment
- 50% off first spa treatment
- 20% off all pre-booked treatments and fitness services
- 20% off all spa retail products
- 20% off food outlets across the resort

Peak
6am-9pm, Mon-Sun
- 50% off first spa treatment
- 20% off all pre-booked treatments and fitness services
- 20% off all spa retail products
- 20% off food outlets across the resort

Off-Peak
9am-5pm, Mon-Fri
- 50% off first spa treatment
- 10% off all treatments and fitness services
- 10% off all spa retail products